

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL



Spring Break

NO SCHOOL



Spring Break

NO SCHOOL



Spring Break

NO SCHOOL



Spring Break

NO SCHOOL



Spring Break

1
Honey BBQ Chicken Flatbread
Black Bean and Corn Salad
Fruits and Vegetables
Milk

2
Brunch for Lunch!
French Toast Bake / Maple Syrup
Sausage Links / HB Eggs
Homemade Smoothies
Fruits and Vegetables
Milk

3
Cheese / Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

6
Hamburger / Cheeseburger
Baked Beans / Pickles
Fruits and Vegetables
Milk

7
Chicken Parmesan Pasta
Garlic Bread / Broccoli
Fruits and Vegetables
Milk

8
BBQ Chicken Sandwich
Homemade Coleslaw
Butternut Squash
Fruits and Vegetables
Milk

9
Shepherd's Pie
Biscuit
Fruits and Vegetables
Milk

10
Cheese / Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

13
Italian Dunkers
Marinara Sauce
Fruits and Vegetables
Milk

14
Greek Chicken Gyro
Hummus / Tzatziki
Pasta Salad
Fruits and Vegetables
Milk

15
Beef Nachos
Homemade Cheese Sauce
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

16
EARLY RELEASE

Bagged Lunch

17
Cheese / Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

20
Grilled Cheese Sandwich
Homemade Soup
Fruits and Vegetables
Milk

21
Chicken / Beef Tacos
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

22
Meatball Subs
Caesar Salad
Fruits and Vegetables
Milk

23
Brunch for Lunch!
Blueberry Maple Baked Oatmeal
Sausage Links / HB Eggs
Yogurt / Granola / Berries
Fruits and Vegetables
Milk

24
We Proudly Use These Local Vendors!
Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Lucki7 - Beef
Glaziers - Milk

WAF encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.