



Nurse Assisting (CNA)

Adult Education Course - 60 Course Hours/32 Clinical

Plattsburgh Main Campus

Mineville Campus

Enter the world of health care! Learn skills used across the industry in a wide variety of health care occupations. Didactic, lab practice, job shadowing and clinical experiences are integral parts of the program. Students receive preparation for entering a health career as a Certified Nurse Assistant. CNAs are an integral part of the medical team. They have direct contact with patients/clients and families, and deliver personal care to clients who need assistance. Students will learn basic principles and skills required to care for clients.



Program Highlights

- Patient Care Skills
- First Aid
- CPR
- Medical Terminology
- Vital Signs Measurement
- Infection Control
- Medical Abbreviations
- Body Structure & Function
- Nutrition
- Safety in the Health Care Environment

Career Connections

- Certified Nursing Assistant
- Clinical Assistant
- With Further Education: Licensed Practical Nurse, Registered Nurse, Radiology Technician, Surgical Technologist

Certifications

- New York State Certification as a Nursing Assistant

Course of Study

Safety in the Healthcare Setting

- Body Mechanics
- Universal Precautions
- Gowning, Gloving

Hand Washing

Legal and Ethical Issues

- Confidentiality
- HIPAA Regulations

Personal Care Skills

- Bathing
- Feeding
- Hand and Nail Care

Body Structure and Function

- Aging Process
- Body Systems

Medical Terminology & Abbreviations

Nutrition

- Therapeutic Diets
- Heart Healthy Diet

Skills

- Personal Care Skills
- Vital Sign Measurement

Clinical Experiences

- Hands on CNA Training
- 30 Clinical Hours
- Simulated Lab Practice

