

Concussion Awareness and Management Policy

Champlain Valley Educational Services recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and recreational activities and can have serious consequences if not managed properly. Therefore, we adopt the following policy to support the proper evaluation and management of head injuries.

Education:

Each school nurse and physical education teacher will complete an approved course on concussion management on a biennial basis.

Information:

CVES will provide concussion management and awareness information and make The State Education Department's website available on our school website.

Removal from athletics:

Any student that has or is believed to have sustained a head injury will be immediately removed from athletic activities.

The parent/guardian will be notified of any head injury. If necessary, 911 will be called.

No student will be allowed to resume physical education and athletic activities until they have been symptom free for 24 hours and have been evaluated by and received written and signed authorization from a licensed physician.

The student and parent/guardian will be given a Concussion Information Sheet for Students and Parents and an Acute Concussion Care Plan. The Acute Concussion Care Plan **must be completed by the student's physician prior to the student returning to athletic activities.**

All medical evaluations completed by the student's physician will be kept in the student's permanent health record.

The school shall follow any directives issued by the student's physician with regard to limitations and restrictions on school attendance and activities for the student.

The student's classroom and physical education teacher will be given a physical education excuse indicating any student restrictions.

This Concussion Awareness and Management policy will be reviewed on a yearly basis with our medical director.