
Mental Health Services

Agency Name

Behavioral Health Service North - Adult Case Management, Assisted Outpatient Treatment & Crisis

Behavioral Health Service North - Employee Assistance Services (EAS)

Behavioral Health Service North - Mental Health Advocacy

Behavioral Health Service North - Resources Unlimited - Pros Employment Services

Behavioral Health Services North

Behavioral Health Services North - Community Residence/Breakthrough II - Supported Housing

Cerebral Palsy Associations of the North Country

Champlain Valley Family Center for Drug Treatment and Youth Services

Champlain Valley Physicians Hospital Medical Center

Clinton County Department of Social Services - Medicaid Unit

Clinton County Mental Health Clinic

Conifer Park Regional Office - Plattsburgh

Essex County Mental Health Services

Families First in Essex County, Inc.

Joint Council for Economic Opportunity - Community Outreach Program

Mental Health Association of Essex County

Neuropsychology Clinic & Psychoeducational Services - Plattsburgh State Univ.

Behavioral Health Service North - Adult Case Management, Assisted Outpatient Treatment & Crisis Services

63 Broad Street

Plattsburgh, NY 12901

Contact: Peter Trout Chief of Services

Mary Baker Director Case Manager

Serves: Clinton County

E-mail: ptrout@bhsn.org

Telephone: (518) 563-8000

Website: www.bhsn.org

Fax: (518) 563-9001

Hours: Monday - Friday 8:30 AM - 4:30 PM ; variable program hours; 24-hour crisis services

Services Provided: *Assisted Outpatient Treatment Services/Medication Grant Program

*Case Management

*Individual Therapy

*Pro's Program

*Crisis Services

*Intensive Case Management & Supportive Case Management

Who can use these services: Resident of Clinton County over the age of 18 receiving therapy.

Fee Schedule: None

Sliding fee.

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
<input type="checkbox"/> Employment/Education	<input type="checkbox"/> Medical/Counseling Needs	<input type="checkbox"/> Residential Living
<input checked="" type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input checked="" type="checkbox"/> Transportation

Behavioral Health Service North - Employee Assistance Services (EAS)

22 US Oval - Suite 218

Plattsburgh, NY 12903

Contact: Bonnie Black Program Director

Serves: Clinton & Essex Counties

E-mail: bblack@bhsn.org

Telephone: (518) 563-8293

Website: www.bhsn.org

Fax: (518) 563-9958

Hours: Monday - Friday 8:30 AM - 4:30 PM ; crisis services 24-hours; evening appointments available

Services Provided: Employee assistance program providing early detection and effective intervention for employees and their family members who are experiencing personal problems which affect their personal lives and/or their employment. On-site training's at businesses, organizations and schools. Self-development and supervisory/management workshops available in main office as well as various sites throughout the tri-county area.

Who can use these services: Anyone employed at a business or organization under current contract.

Fee Schedule: None

None to the covered employee and/or immediate household members.

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
<input checked="" type="checkbox"/> Employment/Education	<input checked="" type="checkbox"/> Medical/Counseling Needs	<input type="checkbox"/> Residential Living
<input type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input type="checkbox"/> Transportation

Behavioral Health Service North - Mental Health Advocacy

22 US Oval, Suite 218

Plattsburgh, NY 12903

Contact: Bonnie Black Program Coordinator

Serves: Clinton County

E-mail: bblack@bhsn.org

Telephone: (518) 563-8206

Website: www.bhsn.org

Fax: (518) 563- 9958

Hours: Monday - Friday 8:30 AM to 4:30 PM

Services Provided: Information and referral; advocacy; educational/informational presentations for schools, community groups, businesses. Monthly "Brown Bag" information series co-presented with NAMI: CV October through May. Local Business Advisory Council meets monthly to discuss employment opportunities for those experiencing or having experienced a mental illness.

Who can use these services: Anyone

Fee Schedule: None

None for Information and Referral or Advocacy or community education; set donation requested for performances by the North Country Mental Health Players.

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
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<input type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input type="checkbox"/> Transportation

Behavioral Health Service North - Resources Unlimited - Pros Employment Services

63 Broad Street

Plattsburgh, NY 12901

Contact: Carina Parrow Program Supervisor

Jamie Ganter Employment Counselor

Serves: Clinton County

E-mail: cparrow@bhsn.org

Telephone: (518) 563-8000

Website: www.bhsn.org

Fax: (518) 563-9001

Hours: Monday - Friday 8:30 AM - 4:30 PM

Services Provided: A supported employment program which assists individuals with psychiatric disabilities in securing and sustaining competitive employment in the community matching an individual's experience and ability with an employer's needs.

Who can use these services: Individuals who meet the requirements of Vocational & Educational Services for Individuals with Disabilities (VESID)

Fee Schedule: None

Categories (Check all that apply):

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Behavioral Health Services North

22 US Oval, Suite 218

Plattsburgh, NY 12903

Contact: Harry S. Cook President/CEO

Serves: Clinton & Essex Counties

E-mail: hcook@bhsn.org

Telephone: (518) 563-8206

Website: www.bhsn.org

Fax: (518) 561-1795 (518) 563-9958

Hours: Monday - Friday 8:30 AM - 4:30 PM; variable program hours

Services Provided: Outpatient mental health services, domestic violence, child abuse prevention, senior respite, adult clinic, child/family clinic, adult day program, and other specialized programs for target population clients include vocational training, intensive case management, crisis service, therapeutic foster care, youth development and therapeutic recreation, family support, and adult residential.

Contact program director for specific information:

Adult Services -Peter Trout- (518-563-8000) - 63 Broad Street

Adult and Residential and Rehabilitative Services - Paul Millie (563-2562) - 17A Wells St.

Center for Personal and Organizational Development - Bonnie Black (563-8293) - 22 US Oval

Child and Family Residential and Development Services - Rick Oertel - (561-1767) - 22 US Oval

Child, Family, Clinical and Case Management Services - Henry Goldenberg (561-1767) - 22 US Oval

Social Intervention and Prevention Services - Laura Holzer - (563-8206) - 22 US Oval

Adult and children's mental health services focus on Clinton County although specific programs additionally service Essex and Franklin counties. Serves individuals of all ages, birth through elder care.

Variable program hours and locations for services; provides a wide range of services to emotionally disturbed children and their families; seriously mentally ill adults. Children and families at-risk for child abuse, at-risk youth, domestic violence victims and senior respite services. Brochures available from agency.

Who can use these services: Adult and children's mental health services focus on Clinton County; serves individuals of all ages, birth through elder care. No one refused service due to inability to pay.

Fee Schedule: None

Varies by program.

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input checked="" type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
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Behavioral Health Services North - Community Residence/Breakthrough II - Supported Housing

17A Wells Street
Plattsburgh, NY 12901

Contact: Paul Millie Director, Residential Services

Serves: Clinton County
Telephone: (518) 563-2562
Fax: (518) 562-8125

E-mail: pmillie@bhsn.org
Website: www.bhsn.org

Hours: Monday - Friday 8:00 AM - 4:00 PM

Services Provided: Services for people with mental illnesses including counseling, housing for people with mental illnesses, and medication management. The major focus is on independent living skills to assist with transition to independent living. Individuals must be willing to engage in recovery services.

Certified residential services for adults with mental illness including supervised living, supportive apartments and supported housing. In addition there is a community residence which is devoted to alcohol and substance abuse related concerns.

Support levels:

1. Community Residence - 24 hour supervision
2. Apartment Program - 2 to 3 visits per week
3. Supported Housing - Financial subsidy (30% of income)
Support plan - minimal support - 1 visit every 6 months

* All programs require Axis I diagnosis of severe and persistent mental illness.

Who can use these services: Previously hospitalized emotionally disabled adults ages 18 and older with an Axis I diagnosis of a severe and persistent mental illness.

Fee Schedule: None

Contact Program Director

Categories (Check all that apply):

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Cerebral Palsy Associations of the North Country

686 Bear Swamp Road, Suite 2

Peru, NY 12972

Contact: Walter G. Russell Coordinator and Home Services Director

Serves: Clinton & Essex County

E-mail: wrussell@cpnorthcountry.com

Telephone: (518) 643-0188

Website: www.cpnorthcountry.org

Fax: (518) 430-0187

Hours: Monday - Friday 9:00 AM - 5:00 PM

Services Provided: Service coordination which provides family support through visits to the home, school, and other human service agencies to families residing in Essex and Clinton County.

Advocacy and treatment on site for podiatry and psychiatric services.

Community programs to educate and inform the general public about developmental disabilities.

Medicaid Waiver Services and Medicaid Service Coordination.

Who can use these services: Children and adults with developmental disabilities, including mental retardation, cerebral palsy, epilepsy, learning disability, spinal bifida, and other physical disabilities.

Fee Schedule: None

In house services and clinic services are billed to Medicaid, medical insurance company, or on a sliding fee scale.

Categories (Check all that apply):

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Champlain Valley Family Center for Drug Treatment and Youth Services

20 Ampersand Drive

Plattsburgh, NY 12901

Contact: Connie Wille Executive Director

Serves: Clinton & Essex Counties

E-mail: cwille@westelcom.com

Telephone: (518) 561-8480

Website: www.cvfamilycenter.org

Fax: (518) 566-6382

Hours: Monday-Thursday 8:00 AM - 8:00 PM, Friday 8:00 AM - 5:00 PM

Services Provided: Assessment and counseling for drug and alcohol abuse including individual, family, and group counseling, chemical dependence information, substance abuse prevention education program, and specialized youth services.

Drug and alcohol abuse assessment and treatment. Referrals to detoxification. School drug prevention, education, and counseling program conducted in public school districts. Intensive Family Support and Child Advocate Program.

Services are also available in Franklin County.

Who can use these services: Clinton County residency required for outpatient services, student in participating school district for school prevention services.

Fee Schedule: None

Most insurance coverage accepted and sliding fee scale based on income. No one is refused service due to a demonstrated inability to pay.

Categories (Check all that apply):

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<input type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input type="checkbox"/> Transportation

Champlain Valley Physicians Hospital Medical Center

75 Beekman Street

Plattsburgh, NY 12901

Contact: Stephens Mundy President

Serves: Clinton County

E-mail:

Telephone: (518) 561-2000

Website: www.cvph.org

Fax: (518) 562-7083

Hours: 24 hours daily

Services Provided: Acute medical care including emergency department, surgical services, medical/surgical units, intensive and coronary care, diagnostic services, cardiology including open-heart surgery and angioplasty, and FitzPatrick Cancer Center. Rehabilitative services include physical therapy, speech, and occupational therapy. CVPH Health Center provides primary care and accepts Medicaid; CVPH Dental Center provides dental care for Medicaid patients. Other services include: Skilled Nursing Facility, 911 emergency, inter-facility ambulance service, Industrial Medicine, Kidney Dialysis Unit, Units for Adult and Child/Adolescent Mental Health, Fast Track for less emergent problems.

Other Contacts: Physical / Occupational Therapy 562-2738
Diagnostic Center 562-1043
Social Services 562-7190
Advance Registration 562-2273

Services also available at CVPH Health Plaza, 75-91 Plaza Boulevard, across from Hannaford Foods.

Who can use these services: Anyone based on medical need and physician referral. CVPH provides services regardless of one's ability to pay.

Fee Schedule: None

Dependent upon services rendered. Almost all insurance accepted.

Categories (Check all that apply):

<input type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
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Clinton County Department of Social Services - Medicaid Unit

13 Durkee Street

Plattsburgh, NY 12901

Contact: Cheryl Tobrocke Principal Senior Welfare Examiner

Serves: Clinton County

E-mail:

Telephone: (518) 565-3330

Website: www.clintoncountygov.com

Fax:

Hours: Monday - Friday: 8:00 AM - 5:00 PM

Services Provided: Provides essential medical services to those unable to meet the cost of health care.
May provide: Health insurance premiums; Hospital inpatient and out patient services; Laboratory and x-ray services; Dental care; Treatment in psychiatric hospitals (for under age 21 and over 65), Mental health facilities and Developmental disabilities facilities; Family planning services; Clinic services; Emergency ambulance transportation to a hospital;

Other services available: WIC (Special Supplemental Food Program for Woman, Infants and Children), Child/ Teen Health Plan; Managed Care Programs; MOMS (Medicaid Obstetrical and Maternal)

Who can use these services: Eligible to receive medical assistance if you meet certain income, resource, age, disability, or other requirements or you already receive SSI or TANF.

Fee Schedule: None

Categories (Check all that apply):

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Clinton County Mental Health Clinic

16 Ampersand Drive

Plattsburgh, NY 12901

Contact: Irene Longsdone Adult Coordinator

Serves: Clinton County

E-mail: mentalhealth@co.clinton.ny.us

Telephone: (518) 565-4060

Website: www.clintoncountygov.com

Fax: (518) 566-0168

Hours: Monday - Thursday 8:30 AM - 8:00 PM, Friday 8:30 AM - 5:00 PM

Services Provided: Outpatient Psychotherapy: Counseling with individual, group, or family members.

Medication: Medication prescribed by medical staff in this form of treatment.

Consultation/evaluation: Provide a variety of services to other community agencies.

First appointment is pre-admission screening.

Also provide: Anger management group, therapy groups, and child and family treatment.

Brochure is available from agency.

Who can use these services: Serving the mental health needs of all Clinton County residents.

Fee Schedule: None

Fee will depend on your health plan, household income, and the number of people living on that income.

Categories (Check all that apply):

<input type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
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Conifer Park Regional Office - Plattsburgh

80 Sharron Avenue

Plattsburgh, NY 12901

Contact: Angela Doe Director

Serves: Clinton County

E-mail: Adoe@libertymgmt.com

Telephone: (518) 561-0130 (518) 561-1447

Website: www.coniferpark.com

Fax: (518) 562-8812

Hours: Monday - Thursday 9:00 AM - 7:00 PM, Friday 9:00 AM - 5:00 PM

Services Provided: Health care: Outpatient care for adults and adolescents including aftercare in the local community.

Outpatient Clinic Services (518) 561-1447 are also available for those individuals seeking help with any alcohol and substance abuse problem and their families.

Outpatient Services provide individual and group counseling for persons completing inpatient treatment and also for those individuals seeking outpatient care only; group and individual treatment for adults, adolescents, and their families.

Evening groups and appointments are available.

Will find another agency to help if assistance is not available at residential or output facility.

Informational materials are available directly from agency.

Office Manager: Suzanne Blowers

Regional Services Representative: Sarah Brunell

Outpatient Clinic Director: Angela Doe, CASAC

Who can use these services: Any resident in need.

Fee Schedule: None

Sliding fee. Private insurance and medicaid accepted.

Categories (Check all that apply):

<input type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
<input type="checkbox"/> Employment/Education	<input checked="" type="checkbox"/> Medical/Counseling Needs	<input type="checkbox"/> Residential Living
<input type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input type="checkbox"/> Transportation

Essex County Mental Health Services

PO Box 8

Elizabethtown, NY 12932

Contact: Nicole Bryant Director

Serves: Essex County

E-mail:

Telephone: (518) 873-3670

Website: N/A

Fax: (518) 733-3777

Hours: Monday - Friday 8:00 AM - 5:00 PM

Services Provided: Individual, family, and group outpatient mental health treatment; psychiatric services; crisis services.

Satellite offices are located in Lake Placid and Ticonderoga.

After hours emergency telephone (888)-854-3773

Who can use these services: Residents of Essex County (adults and children).

Fee Schedule: None
Sliding scale.

Categories (Check all that apply):

<input type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
<input type="checkbox"/> Employment/Education	<input checked="" type="checkbox"/> Medical/Counseling Needs	<input type="checkbox"/> Residential Living
<input type="checkbox"/> Financial Information	<input checked="" type="checkbox"/> Mental Health Services	<input type="checkbox"/> Transportation

Families First in Essex County, Inc.

PO Box 565, 196 Water Street

Elizabethtown, NY 12932

Contact: JoAnne Caswell Executive Director

Serves: Essex County

E-mail:

Telephone: (518) 873-9544 (800) 894-7504

Website: www.familiesfirstinessexcounty.org

Fax: (518) 873-9570

Hours: Monday - Friday 8:30 AM - 4:30 PM

Services Provided: Family Resource Center activities for any family which include play groups, developmental screenings, health and wellness workshops, arts and crafts activities, and clothing shelf.

Support services to families with children who have emotional and/or behavioral problems: information and referral, resource library, parent to parent support, support groups, advocacy, respite, interagency collaborative meetings, Intensive Case Management program, Home and Community Based Waiver Program, youth activities, parent drop in center, crisis services, and small food shelf.

Who can use these services: Essex County families who have a child with emotional and/or behavioral problems are eligible for home visits and more intensive services. Any family is eligible for Family Resource Center activities. Families from surrounding counties are welcome to attend meetings in Essex County.

Fee Schedule: None

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input checked="" type="checkbox"/> Recreation
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Joint Council for Economic Opportunity - Community Outreach Program

1403 Military Turnpike

Plattsburgh, NY 12901

Contact: Sally Soucia Community Outreach Program Director

Serves: Clinton County

E-mail: souciasa@jceo.org

Telephone: (518) 561-6310

Website: www.jceo.org

Fax: (518) 562-2947

Hours: Monday - Friday 8:30 AM - 4:00 PM

Services Provided: Dedicated to meeting the needs of the economically disadvantaged, disabled, and elderly. Community Outreach Centers are located throughout Clinton County which makes access an easy process for clients. Services include one-to-one confidential guidance, countywide program information, and agency referrals. Coordinators identify client eligibility for programs and assist with filing applications. COP personnel provide families with food through the Nutrition program and with clothing items. They also take applications for programs such as Christmas Bureau, HEAP, Child Health Plus, and Family Health Plus.

JCEO Community Outreach Sites:

Altona - Town Hall - 236-7621 ext. 107

Ausable - 1908 Route 22, Keeseville - 834-9043

Black Brook - Ausable Forks Town Hall - 647-5411

Champlain - Village of Champlain Offices - 298-2373

Chazy - West Chazy Town Hall - 493-3491

Clinton - Churubusco Town Hall - 497-6133

Dannemora - 88 Clark Street - 492-7357

Ellenburg - Municipal Bldg. - 594-3007

Peru - Peru Town Hall - 643-8455

Saranac - Saranac Town Hall - 293-6661

Town of Plattsburgh - 1403 Military Turnpike - 563-2836

Who can use these services: Economically disadvantaged, elderly, and disabled.

these services: Federal poverty income guidelines used in establishing eligibility.

Fee Schedule: None

Categories (Check all that apply):

<input checked="" type="checkbox"/> Advocacy	<input type="checkbox"/> Independent Living Skills	<input type="checkbox"/> Recreation
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Mental Health Association of Essex County

6096 NYS Route 9N

Westport, NY 12993

Contact: William Sullivan Executive Director

Serves: Essex County

E-mail:

Telephone: (518) 962-2077 (800) 440-8074

Website: N/A

Fax: (518)962-8233

Hours: 24 hours per day, 7 days per week

Services Provided: Advocates and provides mental health support services to persons who request them. Among the services available are self help, community centers, supported housing, employment, community case management, intensive case management, education assistance and crisis alternative programs.

Self Help: People helping each other, Wellness Recovery Action Planning (WRAP)

Community Centers: two centers (Ticonderoga and Port Henry) where persons can go to establish friendships/support system.

Crisis Alternative Program: Provides telephone and in-home companionship and respite apartment for those experiencing an emotional crisis. 24 hours per day, seven days per week.

Supported Housing: enables people to locate and secure housing in their own communities.

Community Case Management: support for independent living.

Intensive Case Management: multiple monthly home visits by MHA staff members.

Who can use these services: Minimum age of 18 and primary psychiatric diagnosis required.

Fee Schedule: None

Categories (Check all that apply):

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Neuropsychology Clinic & Psychoeducational Services - Plattsburgh State Univ.

101 Broad Street Beaumont Hall, Suite 260

Plattsburgh, NY 12901

Contact: Dr. Jeanne Ryan Clinical Director

Serves: Clinton County

E-mail:

Telephone: (518) 564-2046

Website:

Fax: (518) 564-3397

Hours: Monday - Friday 8:30 AM - 4:00 PM; answering service available when staffed

Services Provided: Other contacts: Dr.Laci Charette School Psychologist
Nancy Fallica School Psychologist

Neuropsychological evaluations for children (ages 5-21) and adults of all ages who are experiencing cognitive deficits that affect their functioning. Evaluations take six hours and provide information about attention, executive function, language, sensorimotor skills, visuospatial and visuomotor skills, learning and memory, global cognitive functioning, achievement, personality, and adaptive functioning. Diagnoses provided as well as interventions and recommended treatment approaches. Also offered are Psychoeducational evaluations involving School Psychology graduate students under direct supervision by a staff psychologist.

Hours may vary due to student schedules (Clinic is staffed by students).

Who can use these services: Children ages 5 through 21; Adults of all ages.

Fee Schedule: None

Not covered up front by insurance, however, full or partial payment may be considered after evaluations by some insurances. Some schools or agencies will pay for evaluations in full. Medicare, not Medicaid is accepted.

Categories (Check all that apply):

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